

Kate Atkin, MSc
Speaker | Author | Facilitator

Kate Atkin is an inspirational speaker, training consultant and coach. With over 20 years of experience as a facilitator, Kate has worked with many clients on business, management and communication issues. A highly skilled listener, her style is both supportive and challenging. Kate comes from a farming background in Lincolnshire and 3 years ago she moved back to the village she grew up in. She had a successful career with Barclays Bank plc before starting her PhD. Kate is continuing with her research, and is now in her fifth year of a part-time PhD investigating the imposter phenomenon in the workplace (which is causing her own 'imposter' to chatter at times!). Kate is author of *The Presentation Workout*, *The Confident Manager* and co-author of *The Business of Professional Speaking*, and author of two tips booklets, *The Confidence Factor* and *The Networking Factor*.