

Ian Mitchell

For more than a decade Ian has worked closely with senior leaders and their teams as a supportive, yet appropriately challenging, systems focused coach with whom they can work through the complex issues and challenges that arise in times of organisational or personal growth, transition, and change. Acquired over many years, his key coaching skill is to help his clients to create for themselves time and space in which to make key decisions in otherwise stressful times and situations.

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In 2010, he established his own coaching and supervision practice., initially as a sole practitioner, but predominately in partnership with Sian Lumsden, now a fellow Director within Harthill. Currently the Association for Coaching (AC) Area Chair for NW Europe, Ian holds an MA in 'Coaching Leaders through Transition and Change' and a PGC in Coach Supervision. He has worked extensively in developing both internal and external coaches across the private, public and third sectors. He will shortly take on the chair role in in the AC 'Future of Coaching;' project.

Ian works both reflectively and reflexively within coaching and supervision conversations; creating and preserving a psychologically safe space in which leaders and teams can identify and engage in a developmental way with their personal and systemic leadership challenges.